



St. Mary's Bell

Mission Statement: St. Mary's Catholic School is a parish ministry that actively assists families by fostering community while providing Catholic formation within a strong academic program.

Dec 13, 2009

"Week at a Peek"
12/13/09

Sun 12/13

Confirmation/
First Eucharist

Wed 12/16

Christmas Program
Special Dress Rehearsal
Performances 10:00 am
Church



Thu 12/17

Christmas Program
6:30 pm Church

Fri. 12/18

Free Dress Red/Green

Mass 8:15 am

Progress Reports

Prayer of the Week:

"I will hear what God Proclaims" *Psalm 85:9*

NAUDITT'S NOTES:

Dear families,

This brings our second week of Advent to a close. Our theme this week was the symbolism of the candy cane. I have been around to most of the classes to read a beautiful book called, *The Legend of the Candy Cane* by Lori Walburg. (I will finish up with the classes that I haven't been able to get to on Friday.) Your child should be able to tell you the significance of the shape of the candy cane and also of the traditional red and white colors of the cane. Did you know that the first mention of candy shaped canes comes from journals in the mid 1600's when mothers used the white sugar sticks as pacifiers for their teething babies?

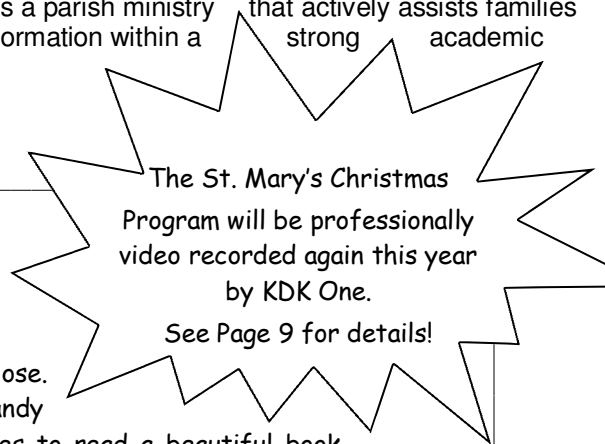
Thank you to all of you who have participated in bringing in gifts for classroom families.

The response of this community is overwhelming and your generosity will make a real difference this Christmas. I would also like to commend our 7th and 8th grade students and families for their work in gathering items to send to soldiers serving in Iraq this Christmas. Matt Clift, the son of our 1st grade teacher Becky Clift, is currently serving on his second mission in Iraq. He had mentioned to his mom how bad he felt for the men in his unit who never received any letters or packages from home. This was the impetus for collecting items to send, and the response from the families and students, especially in the 7th grade has been truly amazing!

As we get ready to gear up for the last week before Christmas break, please remember that our school Christmas program is scheduled for Thursday, December 17. The program will begin at 6:30 in the church. Our intrepid school photographer/webmaster, Gary Plett, will be on hand before the start of the program to get pictures of parents for the on-line directory. Also, new this year is a special day time performance of the Christmas program on Wednesday, December 16 at 10:00 AM. This would be a great chance for grandparents to see the program, especially if they don't care to drive after dark! I hope to see you there.

Peace,

Lauri Nauditt



The St. Mary's Christmas Program will be professionally video recorded again this year by KDK One. See Page 9 for details!

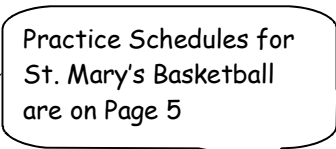


Recycling
Poster Contest
Finalists pg 3!



Buy your beautiful Christmas Poinsettia from St. Mary's 8th graders - see page 6 for details!

"We are Called..."



Practice Schedules for St. Mary's Basketball are on Page 5



VOLUNTEER CORNER

NEEDED: Strong and able-bodied persons who can help tear down the risers after the Christmas program. If I can get 6 helpers it will go fast! The Christmas program is on December 17th. Please let me know if you can assist with this. Thanks so much!

Thanks!

Theresa Amble

Volunteer Coordinator

991-8583

tiaamble@gmail.com

GIFT CARD BLITZ

The Gift Card Blitz ends **December 18th**. Do your shopping with us this year! We have gift cards from over 90 retailers to choose from! Purchase gift cards to give as gifts...buy all the makings for Christmas dinner...purchase gifts for those on your list...So, before you go shopping, stop in the office and buy GIFT CARDS!

Gift Card supplies are limited so place your order TODAY

Volunteer Opportunity!

Our School has received a very generous donation of die cut patterns (letters, shapes and themed cut outs). So that we can organize and protect the many parts and pieces we have received, we need some shelves and cabinets built and installed in our work/mailbox room. We may also need similar help with some cabinetry for our hot lunch program. If this sounds like something you could help with, please contact the school office (Mrs. Nauditt) to talk about details. Work on this project would count toward your 20 hours of volunteer time.



“America Recycles Day – 2009 Poster Contest”

Four students from St. Mary’s were announced as contest finalists:

Bryce Dumais, G8

Wendy Gregory, G8

Christopher Walsh, G4

Phaydra Williamson, G3

It was announced at the County Commissioners meeting that Christopher’s poster was chosen for the calendar!



St. Mary's Catholic School

Live, Learn & GROW

38th Annual Auction

March 20, 2010

The Procurement Committee has been working hard to secure donations for the auction. The deadline for getting donations in is **January 29th**. Don't delay...turn your donations in today! Not sure what to donate? Stop in the Development Office. We have **LOTS** of great ideas!! Shop the after Christmas sales for auction donations!



Auction Donation Corner

"Live, Learn & Grow"

Look at what we have received so far:

- Sparkling Romance Package at the Mirabeau Hotel
- Dinner for 8 with the Bishop
- Movie & Dinner Packages
- Two Day, Two Person Upland Bird Hunt in Pomery, Washington
- PIG!!
- Overnight stay at the Red Lion Hotel
- Fairmont Hot Springs 7 Day Ski Package
- Massage Gift Certificates
- Dining Certificates

"Live, Learn & Grow"

Auction Free Dress Days

EXTRA AUCTION FREE DRESS DAY!!!

Turn in 5 Auction Donation slips by January 6th and your kids get FREE DRESS on Wednesday, January 13th.

Turn in 7 Auction Donation slips by January 22nd and your kids get FREE DRESS on Friday, January 29th.

Piano Lessons for 2009-2010

Cost: \$25 per month, \$6.25 per lesson.

If you are looking for piano lessons for your beginning or returning student, it's best to start right away! To learn this instrument is to learn the very roots of music, that is, to grasp the fundamentals that will prepare you for all instruments, including your very own voice.

I, Gunnar Tesdahl, have just begun my fourth year of teaching piano lessons and have been a pianist for nearly twelve years. It is one of my joys to see many children learn to grow their musical talent by supporting it with technique and theoretical knowledge.

So, if your child shows any interest in learning to play the piano, see my contact info below and call or email me as soon as you can to guarantee a spot for him or her.

Contact Info: Home Phone- (509) 747-7148 Email- gtesdahl@gmail.com



Basketball Practice Schedules

HUSKIES SPORTS RAP:

5th Grade Girls - Start Monday, December 7
Practice: Mon 6:00 - 7:00 pm
Fri 3:00 - 4:30
Coach Tom Metzger

6th /7th Grade Girls - Start Monday, December 7 - Coach Danice Deckard
Practice: Mon/Tue 3:00 - 4:30 pm Thur 4:30 - 6:00 pm

8th Grade Girls Start Tuesday, December 8 @ **St. John Vianney** Coach Joan Stommes
Practice: Tues 3:00 - 4:30 pm Wed 3:00 - 5:00 pm Fri 3:00 - 4:30 pm

6th/7th Gr Boys Start Tuesday, December 8 Coach Lynnae McGillen
Practice: Tues 4:30 - 6:00 pm Wed 6:00 - 7:00 pm Fri 6:00 - 7:30 pm

8th Gr Boys Start Monday December 7 - Coaches Allen Laird & Walt Anderson
Mon 3:00 - 4:30 @ **St. John Vianney** Wed/Thurs 3:00 - 4:30 @ **St. Mary's**

SCHEDULES ALSO ON THE WEBSITE AT <http://school.stmarysspokane.com/sportsschedules>

VOLUNTEER HOURS RECORDING SHEET:

The school is keeping track of the 20 required Volunteer Hours per family, per school year. Please fill out this form, sign and date it, have the event coordinator/teacher sign for the hours provided, and turn it into the Office. Thank you!

Volunteer Name: _____

Date of Event	Hours/Times	Event /Activity	Contact



The 8th grade students will be selling Poinsettias from the Plant Farm for your holiday decorating this year in the church foyer. Please consider supporting these students who are raising money for their outdoor education field trip (OPI) in March, 2010. The plants will be available in the foyer following all masses for the weekend of December 12 & 13. The cost for each plant is \$10. We appreciate you supporting our students. Please contact Kevin Schultz or Kristina Bahr (cell 879 8058) for more information.



**Makes a great
holiday gift!**



LITTLE ZAGS BASKETBALL CAMP

January 3rd and 4th, 2010
Sunday, January 3rd – 2:00 -- 5:00 p.m.
Monday, January 4th – 5:00 -- 8:00 p.m

Little Zags Basketball Camp is a fundamental camp for boys and girls, grades 1-6.

CAMP INFORMATION

- Cost:** \$60 through December 19, 2009
\$75 after December 19, 2009
- Includes:** Instruction and Skill Development
Autograph Session with Current Players
- Location:** Camp will take place at the Martin Centre on the Gonzaga Campus.

CAMP STAFF

Instruction will be provided by the Gonzaga University Men's Basketball current and former Bulldog players with help from the coaching staff.

- Come learn the game of basketball from college basketball's best. •

CAMP SCHEDULE

Each day will be broken up into fundamental areas stressing shooting, defense, passing, ball handling, footwork and Gonzaga's team concepts.

For more information contact Brian Michaelson at 509-313-3994

Or email: basketballcamps@athletics.gonzaga.edu

Sign up online @ www.gonzagabasketballcamps.com

REGISTRATION - Little Zags 2010

Complete the registration form and mail it along with a check or money order for the appropriate amount, in full, payable to: Gonzaga Basketball Camp. C/O Gonzaga Basketball Camp, P.O. Box 40126, Spokane, WA, 99202. OR Register on the web at www.gonzagabasketballcamps.com. Registrations on a first come, first serve basis.

PLEASE PRINT CLEARLY

Name _____ Address _____
City _____ State _____ Zip _____ Home Phone _____ Cell Phone _____
Parent Name _____ Email _____ Gender _____
Age _____ Grade _____ Birthdate _____ School _____

LIABILITY RELEASE AND MEDICAL AUTHORIZATION

I understand that participation in organized sports and sports instruction carries with it the risk for bodily contact that may cause injury, including but not limited to, bruises, cuts, broken or dislocated bones, concussions, and the potential for other more serious injuries. I have discussed this potential with my child and I believe that my child has sufficient physical ability, skills, knowledge and maturity and I know of no mental or physical conditions that may affect my child's ability to safely participate in this program. My child is voluntarily participating in this program. I understand that the program operator and Gonzaga University assume no responsibility for transportation to and from the program. I hereby release and hold harmless the program operator, their employees, agents and assigns, as well as Gonzaga University, their employees, agents and assigns from any and all claims I may have arising out of my child's participation in this program, including negligence, errors and omissions now and forever. I hereby authorize the program operator, their employees, agents and assigns, to act in my absence in the case of illness or injury involving my child. I understand that I am responsible for any and all medical and other charges (such as ambulance transportation) incurred in connection to my child's participation in this program. I understand that the program and Gonzaga University assume no responsibility for administering medication to my child or providing other services or monitoring of any health condition. If such is necessary I understand that I should discuss that with my child's coach.

Parent or Guardian Signature _____

Date _____

Medical Insurance Co _____

Policy Number _____

DIFFERENCES BETWEEN COLD & SWINE FLU & SEASONAL FLU SYMPTOMS

SYMPTOM	COLD	SWINE FLU	SEASONAL FLU
FEVER	Fever is rare with a cold.	Fever is usually present with H1N1 in up to 80% of all flue cases. A temperature of 101°	Fever is common with the seasonal flu.
COUGHING	A hacking, productive (mucus-producing) cough is often present with a cold.	A non-productive (non-mucus producing) cough is usually present with H1N1 (sometimes referred to as dry cough).	A dry and hacking cough is often present with the seasonal flu.
ACHES	Slight body aches and pains can be part of a cold.	Severe aches and pains are common with H1N1.	Moderate body aches are common with the seasonal flu.
STUFFY NOSE	Stuffy nose is commonly present with a cold and typically resolves spontaneously within a week.	Stuffy nose is not commonly present with H1N1.	A runny nose is commonly present with the seasonal flu.
CHILLS	Chills are uncommon with a cold.	60% of people who have H1N1 experience chills .	Chills are mild to moderate with the seasonal flu.
TIREDFNESS	Tiredness is fairly mild with a cold.	Tiredness is moderate to severe with H1N1.	Tiredness is moderate and more likely referred to as a lack of energy with the seasonal flu.
SNEEZING	Sneezing is commonly present with a cold	Sneezing is not common with H1N1.	Sneezing is common present with the seasonal flu.
SUDDEN SYMPTOMS	Cold symptoms tend to develop over a few days .	H1N1 has a rapid onset within 3-6 hours. H1N1 hits hard and includes sudden symptoms like high fever, aches and pains. Symptoms usually last 4-7 days, depending on the individual. Diarrhea is common.	Symptoms tend to develop over a few days and include flushed face, loss of appetite, dizziness and/or vomiting/nausea. Symptoms usually last 4-7 days, depending on the individual. Diarrhea is common.
HEADACHE	A headache is fairly uncommon with a cold.	A headache is very common with H1N1 and present in 80% of cases.	A headache is fairly common with the seasonal flu.
SORE THROAT	Sore throat is commonly present with a cold.	Sore throat is not commonly present with H1N1.	Sore throat is commonly present with the seasonal flu.
CHEST DISCOMFORT	Chest discomfort is mild to moderate with a cold.	Chest discomfort is often severe with H1N1.	Chest discomfort is moderate with the seasonal flu. <i>If it turns severe seek medical attention immediately</i> !
PREVENTION TIPS:			
✓ cough & sneeze into your elbow			
✓ wash hands with soap and warm water for a minimum of 15 -20 seconds. Sing your abc's or happy birthday to you			
✓ use hand sanitizer when soap & water are not available			
✓ avoid touching eyes, nose or mouth without washing or using hand sanitizer first			
✓ stay home if you are sick to avoid contaminating your co-workers			

St. Mary's Catholic School
Christmas Program
DVD order form

Performance will be professionally videotaped by the same folks
who have done the Missoula Children's Theatre DVDs.

Your name _____

I'd like ____ 1 DVD for \$20.00

I'd like ____ 2 DVDs for \$35.00

Total: \$ _____

THIS SECTION FOR CREDIT CARD ORDERS ONLY:

Please enter your email address below indicating that you will pay
the full amount by credit card. This transaction will be processed via
PayPal. You will receive a PayPal payment request by email.

Your email
address: _____

Make checks payable to:
KDK ONE digital media.

You may turn your order forms and payments in to **the school office,**
or turn them in at the show.

KDK ONE digital media
1516 W. Riverside
Spokane, WA 99201

Questions? Call 509-624-9400, or email production@kdk-1.com