



# St. Mary's Bell

**Mission Statement:** St. Mary's Catholic School is a parish ministry that actively assists families by fostering community while providing Catholic formation within a strong academic program.

## Prayer of the Week:

"I will speak my thanks earnestly to the Lord, and in the midst of the throng I will praise him..."  
*Psalm 109:30*

Oct 27, 2011

Week at a Peek  
10/16/11



**Mon, 10/31**



**Orange & Black Free Dress**

Last day for SHORTS!

**Tue, 11/1**

**All Saints Day**

School Mass today @ 8:15am  
Wrestling Practice begins for  
Grades K-2 (see Pg 3)

**Wed, 11/2**

Wrestling Practice begins for  
Grades 3-8 (see Pg 3)  
SAC Mtg @ 5:30pm

**Thur, 11/3**

No Mass today

**Fri, 11/4**

**FUN RUN Assembly**  
@ 8:30am in Gym



**Family Auction Kickoff and David's Pizza Fundraiser Party**  
5-7pm in Gym



**HALLOWEEN CARNIVAL**

3-5 pm

Join Us For  
**Trunk or Treat**  
October 29th

### **BAKERS NEEDED!**

Attention all you wonderful bakers, we need your baked goods for the "Cake Walk" at the **HALLOWEEN CARNIVAL**. Please bring in your baked goods **by this Friday** to the Office.

## NAUDITT'S NOTES:

Dear Families,

I hope that you are as excited as I am for our upcoming Halloween Carnival on Saturday, October 29<sup>th</sup> from 3:00 – 5:00 in the gym. This is a wonderful event! Students and adults are encouraged to come in costume and take part in the cake walk, various games, and trunk-or-treat. We will also have hot dogs available this year (to balance the sugar intake). Tickets will be sold at the door - 25¢ each or 5 for \$1.00. Make plans to join us for a 'spook'-tacular time!

Work continues on the accreditation self study. We are really looking forward to completion of the writing part of the study and welcoming the visiting team to St. Mary's in March. One thing that came out in the student survey is the feeling that students would like a larger portion for the hot lunch entrée. I am happy to announce that we will be offering an extra entrée for students in grades 5-8. The cost will be an additional \$1.00 each day and students will order the extra entrée when lunch count is taken in the morning. The extra entrée will not be offered by itself, but as an extra portion of an already purchased lunch. This is in order to remain in compliance with Federal hot lunch regulations and to keep the price of the extra entrée at just \$1.00. I am grateful to our great cook, Carol St. Clair, and to our amazing bookkeeper, Sharon Greany, who helped me work out the logistics in order to be able to offer this option to our upper grade students!

I know that those of you in the upper grades are wondering about Mrs. O'Dea. She was advised by her doctor to take several weeks off. Mrs. O'Dea is coordinating lessons with her sub, Mrs. Crockett during her absence, and Mrs. O'Dea will be grading her students for first quarter.

I know that we haven't even celebrated Halloween, yet, and my next comment will be about Thanksgiving. I am not really rushing the season, but we have Grandparents' and Special Friends' Mass coming up on Wednesday, November 23. We will celebrate Mass and stay in the church for a program where students from every class will share a song, poem, or skit. As part of the day I put together a Power Point presentation with pictures of grandparents and grandchildren. Please get those pictures in to me by November 18<sup>th</sup> so that I can include them in the slide show. We are also looking for a couple of volunteers to help coordinate the coffee and carbs in the school gym preceding Mass. If you can help, contact Nicole in the Development Office – 924-4300 ext 206.

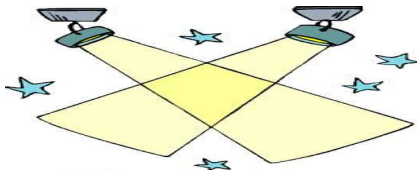
Last, but not least, don't forget to make plans to join us on November 1 (Tuesday) for Mass. It is All Saints Day (a holy day of obligation). School Mass will be at 8:15. There will also be an evening Mass at 7:00 PM.

Blessings,  
Lauri Nauditt

"Rejoice in the Fruits of the Spirit"

St. Mary's Catholic School

THE SCHOOL HOUSE THAT GIFT CARDS BUILT!!!



This week we are featuring **Albertson's** and **Subway** cards... **Albertson's** is available in \$25 & \$100 cards. **Subway** is available in \$10 cards. Both cards make great gifts for the ones you love!

YES, it's TRUE!  
CHRISTMAS IS COMING...



We have **Cabela's**



gift cards for the Outdoor's Men/Women in your life! Stop by the office to order/pick-up yours. They come in \$25 and \$100 cards.

**GIFT CARD CORNER:**

\*Don't forget to **set up** your **STANDING ORDER** for the school year. Forms are available online and in the Office\* If every family purchased **\$200 total, a month**, for groceries and gas, the school would receive approximately **\$10,000 in profit** a year!

**PARENT/TEACHER CONFERENCES:**



Conferences are coming in November. Conference sign-up slips went home last week. The deadline to sign-up for conferences is Fri, Nov. 4th. Conferences are mandatory. If you have not received your sign-up sheet, we have extras in the office or you can go to the school website under "news/Events", then "Conferences". A sign-up sheet is located there.

**GRANDPARENT'S DAY:**

A special program is being planned for the half-day before Thanksgiving.



MARK YOUR CALENDARS  
**November 23th**  
**8:30-11:00am**



Books Are Fun is renowned for offering the best book selection, gifts, and educational products at savings of up to 80% off retail prices. The objective of Books Are Fun is to provide customers with the most exciting, in demand product offerings at incredible values. Currently, Books Are Fun has arrived at St Mary's, in the teacher's workroom. Stop by and see what they have to offer. If you choose to place an order, your order must be paid and placed by 10am, Monday, Oct 31st in the office. Delivery of items ordered will be brought back to the school three days after the deadline for orders placed. Books Are Fun only comes around approximately four/five times a year. Stop by and see the great stuff they have to offer and don't forget... Christmas is coming. You can do so shopping now!

**SCHOOL HALLOWEEN CARNIVAL:**



The school Halloween Carnival is Sat., Oct 29th from 3-5pm. Remember to begin planning to decorate your trunk for the "Trunk or Treat". Prizes for the winner will be a \$25 gift card and a free dress pass for the children of the family.

**HAV WESTERN WEAR: "UNIFORM CLOSE-OUT SALE"**



HAV Western Wear is having a "UNIFORM CLOSE-OUT SALE" at their store. If you're looking for pants and long sleeve shirts, head on over to HAV Western Wear and get them for **HALF** price. Don't forget to stop by the school office and purchase HAV Western Wear gift cards before you head over to HAV.

**WE NEED YOUR HELP...**

We are in need of 2011-2012 Auction Committee members. This is a great way to get your volunteer hours! If you are interested please contact Nicole in the Development Office via phone or email: Ph: 924-4300 ext.206 [nheimbigner@stmarysspokane.org](mailto:nheimbigner@stmarysspokane.org)



**AUCTION KICK-OFF and DAVID'S PIZZA FUNDRAISER**



Bring the family, support the school and get in on the ground floor of the 2011-2012 AUCTION!

Friday, November 4th  
5-7pm in the Parish Hall  
Details to Follow



# Catholic Grade School League Wrestling



## TEAMS

St. John's + St. Mary's—Practices at St. John's

St. Thomas More + Assumption—Practices at St. Thomas More

All Saints + Cataldo—Practices at All Saints

St. Aloysius + Trinity + St. Charles + St. Patrick's—Practices at Gonzaga Prep



Separate teams for 3rd-4th grade,  
5th-6th grade and 7th-8th grade.

PK-2nd grade 5-week camp at  
G-Prep



Dates: October 31—December 3

Sign up through your Athletic  
Director

## 2011 Bullpup Junior Wrestling Registration

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Age: \_\_\_\_\_

School: \_\_\_\_\_

2011/2012 Year in school: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

T-shirt Size    YS    YM    YL    AS    AM    AL    AXL

Parent/guardian, please read and sign the following medical consent and release of liability:

I, the undersigned parent/guardian of \_\_\_\_\_, a minor, do hereby agree to allow the individual named herein to participate in the wrestling program and authorize the program directors and/or instructors as agents for the undersigned to consent to medical, surgical, and or dental examination, in addition to any and all other treatments that may be deemed necessary by medical personnel. It is understood that this activity involves elements of risk and a danger of accidents, and knowing those risks, I hereby assume those risks. In addition, I understand that by signing this agreement, I hereby discharge Gonzaga Preparatory School & the above listed school from any and all liability resulting in injury associated with participant's participation in this activity. In the absence of a parent/guardian's signature below, payment of fees and participation in the program shall constitute acceptance set forth in this release. Gonzaga Prep will not provide health and /or accident insurance for program participants. As the undersigned parent/guardian, I understand that no confirmations will be mailed.

X \_\_\_\_\_

Please note there is no fee for this program, however if you would like to make a donation to the Bullpup Jr. Wrestling Program contact your athletic director.

---

K-2 Wrestlers Practices held at Gonzaga Prep Tues and Thurs 5:30 to 6:30 starting Nov. 1<sup>st</sup>

3-8 Wrestlers Practices held at St. John Vianney gym Mon., Tues., Thurs. until matches start, and then just Tues. & Thurs. beginning Nov. 1 from 3:15 to 4:45

DEADLINE: Return registration form to your school office by OCTOBER 31<sup>st</sup>!

# Parenting Workshops

[www.backtobasicsparenting.com](http://www.backtobasicsparenting.com)

***Are you overwhelmed with how difficult it is to be a parent?***

***Is your child showing behaviors that concern you?***

***Would you like to learn strategies to help your child be more successful in school?***

---

Join Tom and Cathy Carter for a parenting workshop, specifically designed to answer your questions about parenting and to address any behavioral, academic or social issues your child is experiencing. Twenty years owning, operating and living at a private therapeutic boarding school for troubled teens have given Tom and Cathy Carter the insight to develop an effective and innovative technique for helping families and children. Sign up today for your choice of workshops!

## **Parenting Basics Workshop**

A one day workshop, held the 1<sup>st</sup> Saturday of each month, 10 a.m. – 3 p.m.  
\$50 per person, or \$85 for two people attending together.

Parenting techniques	Effective consequences
Communication styles	Academic success strategies
Strategies for ADD, ADHD, ODD	A plan to create respect and structure in your home.

## **Parenting Strategies Workshop**

A one day workshop, held the 1<sup>st</sup> Sunday of each month, 10 a.m. – 3 p.m.  
\$50 per person, or \$85 for two people attending together.

Parenting tools that work	Conflict resolution
7 parenting styles	Common forms of manipulation by children
Academic strategies to get your child back on track	

## **Intensive Weekend Seminar**

A two day workshop, scheduled the 3<sup>rd</sup> weekend of each month, 10 a.m. – 6 p.m., Saturday and Sunday. This workshop is designed to provide in depth analysis of current parenting challenges, including:

Adoption issues	Strategies for ADD, ADHD, ODD
Dealing with defiant behavior	Anger management skills
Lack of respect for rules	Conflict Resolution
Managing the challenges of today's electronic world	
Establishing effective rules and consistency in your home	

---

13032 N March Horse Lane  
Newman Lake, WA 99025

E-mail: [backtobasicsparenting@gmail.com](mailto:backtobasicsparenting@gmail.com)

Phone: 509-226-3662  
Fax: 509-226-0066

[www.backtobasicsparenting.com](http://www.backtobasicsparenting.com)