



# St. Mary's Bell

**Mission Statement:** St. Mary's Catholic School is a parish ministry that actively assists families by fostering community while providing Catholic formation within a strong academic program.

## Prayer of the Week:

"If you, O Lord, mark iniquities, Lord, who can stand? But with you is forgiveness, that you may be revered."  
*Psalms 130:3-4*

Oct 13, 2011

Week at a Peek  
10/16/11



Mon, 10/17

Tue, 10/18

Wed, 10/19

Thur, 10/20

Mass @ 8:15am  
8th Gr "Prep Preview Day"  
8th Gr gone all day

Fri, 10/21

School Handbook signature page  
**due today!**

## NAUDITT'S NOTES:

Dear Families,

I am sure that you have noticed the arrival of fall! We do try to get outside for recess on any day that is not too wet. Please be sure that your child has a sweatshirt and/or jacket so that they can enjoy outside recess. Also, please make sure that your family name is in on the tag of all clothing. You would be surprised to see how many jackets and sweatshirts end up in the lost and found box (across from Sharon Greany's office)!

I came across an interesting article about the effects of technology on children. I will share some points from the article with you over the next few weeks in the Bell.

Children of today do not view technology in the same way that adults do – as a tool for work. Technology to them seems almost as vital as eating. Being 'linked in' has become a way of life for young people. According to national statistics, the average teen sends more than 50-100 texts a day. Younger children spend over 10 hours a week playing video games. Most shocking of all, the amount of time that all kids spend online daily has tripled in the past 10 years, mainly due to easy access of Smartphones, iPods, iPads, laptops, and notebook computers. This nonstop connectivity and how it affects the social and intellectual development of our children has not been studied. What is clear, though, is that it is changing the nature of children's relationships to each other, to their families, and to the world around them. The latest research suggests it may even be rewiring their brains.

There is strong evidence that points to the fact that parents need to be as directly involved in the digital lives of their children as they are in sports or academics. This task is made more challenging by the rapidity of the changes taking place in technology. Five years ago, if you gave a 10 year old a cell phone, about all she could do would have been to make phone calls. Now, even now the most basic phones allow a child to take and receive pictures, and to text (as well as make calls). If they have a more high tech phone, they world is literally at their fingertips! This is not necessarily a bad thing. Dr. Gwen O'Keeffe, lead author of the 2011 report on the impact of social media on children, adolescents, and families from the American Academy of Pediatrics says, "The digital landscape is a positive place for kids. It promotes a lot of healthy habits like socializations and a sense of connectedness to the greater world and to causes." She goes on to say, though, that children need guidance in order to safely navigate their way in this new cyber world.

Don't forget that Friday, October 14<sup>th</sup> is individual picture day. It is a non-uniform day for students. We make every effort to get everyone's picture taken before recess, because they do not look as tidy after recess as they do at the first of the day.

Blessings,

Lauri Nauditt

## Fun Run Awards

Week of  
October 3rd



### Penny Grab

Dominic	PK4	\$ .46
Colleen	Gr. 1	\$ .88
Jenna	Gr. 2	\$1.29
Trevor	Gr. 3	\$1.35
Owen	Gr. 3	\$ .87
Max	Gr. 4	\$1.63
Noah	Gr. 5	
Bill	Gr. 6	
Aurey	Gr. 7	
Erin	Gr. 8	\$1.37
Samual	Gr. 8	\$2.33

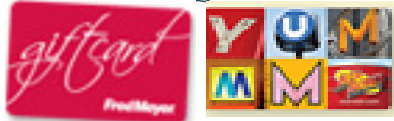
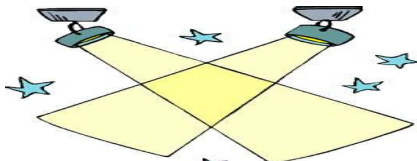


### Excellent Penmanship

Madelyn Newcomb	4
Dylan McGillen	7
Daniel Wadhvani	7

"Rejoice in the Fruits of the Spirit"

### THE SCHOOL HOUSE THAT GIFT CARDS BUILT!!!



This week we are featuring **Fred Meyer** and **Red Robin** cards... **Fred Meyer** is available in \$25, \$50 & \$100 cards. **Red Robin** is available in \$10 & \$25 cards. Both cards make great gifts for the ones you love!

### YES, it's TRUE! CHRISTMAS IS COMING...



We have **Bath & Body Works** gift cards for the women in your life! Stop by the office to order/pick-up yours. They come in \$10 and \$25.

### GIFT CARD CORNER:

\*Don't forget to **set up** your **STANDING ORDER** for the school year. Forms are available online and in the Office\* If every family purchased **\$200 total, a month**, for groceries and gas, the school would receive approximately **\$10,000 in profit** a year!

### HONOR BAND:



The Diocese Honor Band is resuming rehearsals for advanced students in the Diocese Elementary Band Program. This is a great opportunity for advanced students to play in a large group. The music will be more difficult, and prepared in less time. Please see Mr. Heath, Band Teacher, about enrolling in Honor Band! Rehearsals are Wednesday's from 6:30-7:30pm in Gonzaga Prep's band room. The cost is \$40 annual (or \$20 for each half to avoid conflicts with sports). This group is meant for students with one or more years experience.

### AUCTION BACKPACKS:

Again, this year we will have backpacks filled with supplies for the following school year available to bid on at the Auction. If you have extra school supplies at home and want to get a head start on your Auction donations, drop them off in your child's classroom or the Development Office! Don't forget to fill out an auction donation slip. Extra supply lists are available in the office.



### SCHOOL HALLOWEEN CARNIVAL:



The school Halloween Carnival is coming. Remember to begin planning to decorate your trunk for the "Trunk or Treat". Prizes for the winner will be a \$25 gift card and a free dress pass for the children of the family. Look for details in the next "Bell".

### SCHOOL/EDUCARE HANDBOOK:



Parents, each year you and your student(s) need to read the handbook we have on the website, sign the signature page and turn it into the Office. This year's **deadline is Friday, Oct. 21st**. You can locate the handbook on the website under the "About" tab, then click on "Admissions", then click on "Handbooks" and then click into the handbook for your student(s) grade level(s). The first page of the handbook is the signature page. Print the signature page off, sign and return to the Office. If you have any questions, please feel free to contact the Office. Thank you!

### PARKING LOT TRAFFIC:

Parents, we really need your cooperation in this area.

1. We are seeing parents walking their students across the parking lot in between, behind and in front of cars and **NOT** using the crosswalk. This is extremely dangerous. When you park and choose to walk your children to class, please stay on the **grassy parking strip** until you reach the crosswalk area. Then use the crosswalk to cross through the parking lot and drive through area. *We have had several close calls of students not being seen by a driver backing out of a parking spot.*
2. Please do **NOT** park in the drive thru lane parallel to the school sidewalk. This is a drive thru lane **ONLY**.
3. When using the drive thru lane, please remember to look for students and parents crossing in the crosswalk. They have the right of way. If a crossing guard is there, please wait until the crossing guard signals it's ok to cross. *We have had several close calls in this area too!*



**LET'S KEEP EVERYONE SAFE!**



**Save the date: College Bound Saturday**  
*Eastern Washington University*

**What: FAFSA Preparation Event:**

- ♦ FAFSA and Scholarships
- ♦ College Applications
- ♦ Campus Tour
- ♦ Paying for College
- ♦ EWU 101
- ♦ College Fair

**Who: 9th-12th grade College Bound Students and Families**

**When: Saturday, October 22nd, 2011**

- ♦ 9:00am - 11:45am (registration begins at 8:30am)

**Where: Eastern Washington University**

**RSVP: [www.ewu.edu/rsvp](http://www.ewu.edu/rsvp)**

- ♦ Contact Jana Jaraysi - 509-359-7898 - [jjaraysi@ewu.edu](mailto:jjaraysi@ewu.edu)
- ♦ Travis Merrigan - 509-426-4365 - [tmerrigan@collegesuccessfoundation.org](mailto:tmerrigan@collegesuccessfoundation.org)



**Sponsored by:**



West Valley  
Outdoor Learning Center



# Fall Harvest Festival!

Saturday, Oct. 22nd

10:00 am-3:00 pm

Join the Outdoor Learning Center as we celebrate the best of fall this October! We will be making crafts, playing harvest themed games, bouncing in a bounce-house and learning all about Hawks and Owls! All proceeds from this event go directly to help support the Outdoor Learning Center!

\$5 Per Person  
Suggested Donation



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Outdoor Learning Center  
8706 E Upriver Drive  
Spokane, WA 99212

(509) 340-1028

Check us out!

[www.olic.wvwsd.org](http://www.olic.wvwsd.org)

## PUMPKIN PAINTING!

Help support the OLC and decorate your house at the same time! Pick out your very own pumpkin and let the OLC's talented staff and volunteers help you make it into a one of a kind work of art!



## Events

- Live music from local artists
- Hawk and Owl talks featuring LIVE birds of prey!
- Face Painting
- Harvest Themed Crafts and Games

